

HEART OF THE VALLEY MINDFULNESS PRACTICE CENTER
ANNUAL BOARD MEETING AGENDA
MARCH 12, 2024

Times listed presuppose that
all reports have been read before the meeting.

1. Welcome (3 mins)
2. Mindful Meeting Vow (5 mins) Mindfulness Bell Minder?
3. Approval of the Minutes from the 2/ 21/23 Annual Board Meeting (5 mins)
4. Review of the Board President's Report of the 2023. (5 mins)
5. Review of the Treasurer's 2023 Report (10 mins)
6. Actions on Treasurer's Report; donations, other? (10 mins)
7. Review of Current Board members; no action required this year as no one's term of office expired in 2023.

(The year after each of our names is the year we get re-elected. However, the annual board meeting for any given year is held early the following year. So, this meeting is for the year 2023. Therefore, anyone who has the year 2023 after their name, is up for election at this meeting.)

Current Members of the Board of Directors and End of Terms:

Joyce Solomon, President, 2025

Wayne Gersen, Treasurer, 2025

Gail Kuhl, Secretary, 2024

Bram Oort, Member at Large, 2025

Bineke Oort, Member at Large, 2025

Jeff Nielsen, Member at Large, 2024

Pat Maher, Member at Large, 2024

Lia Kehler, 2024

8. Planning for the Future, an overview: Joyce - 5 mins
 - A. Board - Joyce - 5 mins
 - B. Care Council - Wayne - 10 mins
 - C. Facilitators - Gail - 10 mins
 - D. Mail Chimp - Wayne or Gail - 10 mins
 - E. Other ways to involve regular members - All

Function and role of the Board of Directors:

- Plans and makes decisions re financial aspects of the Center
- Makes decisions on important changes pertaining to the whole community of the Center.
- Maintains relationship with the State of VT re non-profit status
- Deals with landlord around all aspects of the rental arrangements.
- Prepares and leads Board meetings.
- Works together with Care Council to prepare All sangha Meetings
- Assures the Sangha is practicing in a way that is consistent with the founding principles and mission statement of the Mindfulness Practice Center (see pg 11 of the MPC Guide Book.)